



Girl Power!

School Year Assignment Book



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Office of the Secretary
Office on Women's Health
Substance Abuse and Mental Health Services Administration
Center for Substance Abuse Prevention
www.samhsa.gov

May

6

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Asian/Pacific Islander Heritage Month

Many people think that Asian/Pacific Islanders are a single group, but they actually include more than 24 ethnic groups that speak different languages and have their own rich heritages. Some of these ethnic groups are Chinese, Japanese, Korean, Taiwanese, Hawaiian, and Filipino people. Learn more about some famous Asian/Pacific Islander American women, like Michelle Kwan, Vera Wang, Lucy Liu, and Connie Chung, and their contributions to society.

Girl Quote

"If I could go anywhere, I would go to the Far East to visit Indonesia, China, Japan, and Korea. I'd love to travel around these countries and learn about their cultures and ways of life. I'd like to explore hidden beaches surrounded by coral reefs submerged in clear blue water. I want to buy traditional foods and taste every new thing there is!"

—Tai

Goal for Next Week

May

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Definite Do

Learn how to hula dance—you can learn the basic steps of this traditional Hawaiian dance with an online hula lesson at www.geocities.com/~olelo/o-h-steps.html.

Word Scramble

This word means “hello” in Hawaiian.

H A L O A

Blast from the Past

In 1964, Patsy T. Mink was the first Asian-American woman elected to the U.S. House of Representatives. She represented Hawaii. She served until 1977; she was re-elected in 1990 and she continues to serve in Congress. To learn more about Patsy T. Mink, go to www.house.gov/mink.

Goal for Next Week
